

Proven effective and entertaining ...

"It's terrific--easy to use, filled with humor, and very satisfying. I appreciate the many permissions you give for people not to pressure themselves to be 'perfect' with these new ideas."

– Bill Decker, Substance Abuse Prevention Center
Marshall Michigan

" After careful consideration we chose How to Talk So Kids Will Listen as our training program. It has received consistently high evaluations by participating parents and group leaders both in Wisconsin and nationally.

– University of Wisconsin Cooperative Extension

How To Talk So Kids Will Listen™ gives parents the know-how they need to be more effective with their children and more helpful to themselves

" ... an invaluable tool for parenting groups"

– Mothering Magazine

"Our employees love the program. Everyone agrees that when things go better at home, they go better at work."

– Marilyn King, Manager of Equal Opportunity Programs, Hallmark Cards, Inc., Kansas City, Missouri

"Excellent ... Parents could not get enough of this new material... Innovative, and best of all, down to earth."

– Teresa DiTore, Director of Community Affairs,
WCBS, New York

Attention Parents! Learn skills that make life with children easier and more satisfying

Join the celebrated workshop series based on
**How to Talk So Kids Will Listen
& Listen So Kids Will Talk**
by award-winning authors
Adele Faber and Elaine Mazlish

How To Talk So Kids Will Listen™



Johnny's teacher called you at
work today ...

Mary hates her haircut and
won't come out of her room ...

Bobby was rude to your
mother ...

Mark broke a
window ... Ruth's late for

school again ... Sam didn't do

his homework ... Jenny told a lie ... and the
baby's crying!

How You Will Benefit from the *How To Talk So Kids Will Listen*[™] Group Workshop

The goal of the *How To Talk So Kids Will Listen*[™] workshop is to give you practical, effective methods of communication that will make your relationship with children of all ages less stressful and more rewarding. You'll learn how to:

- Discipline without hurting or alienating
- Cope with your child's negative feelings
- Engage your child's willing cooperation
- Help your child develop a realistic and positive self-image
- Foster an atmosphere of love and respect
- Resolve conflicts peacefully



What the Sessions Cover

1. Helping Children Deal With Their Feelings

Exploration of what happens to children when their feelings are denied. Specific skills that help children to recognize and cope with their negative feelings—disappointment, envy, frustration, resentment, anger, etc. Ways to accept children's feelings, limit unacceptable behavior, and still maintain goodwill.



2. Engaging Cooperation

How children react to the usual methods to get them to cooperate: threats, warnings, orders, name-calling, sarcasm, lecturing, etc. Five ways to invite cooperation that will leave parents and children feeling good about themselves and each other.

3. Alternatives to Punishment

How do children react to punishment? Is it necessary to rely upon punishment as a means of discipline? Some alternatives to punishment that enable parents to express their strong disapproval as well as encourage children to assume responsibility for their behavior.

4. Encouraging Autonomy

Ways to help children become separate, responsible people who can one day function on their own. Specific skills that help children to develop their own inner resources.

5. Praise

An exploration of the kinds of praise that build a positive and realistic self image—and the kinds that do not. A variety of ways to help our children become aware of their strengths so that they can put them into action.

6. Freeing Children from Playing Roles

A look at how children are sometimes cast into roles (bully, whiner, dawdler, mischief-maker, etc.) and how we can free them from playing out these roles. Six skills that you can use to help children see themselves in a different and more positive light.

When:

Where:

Cost:

Leader(s):

For More Information,
Contact:

